



Gandhinagar Institute of Technology

A Report on

“Anti-Drug Awareness Webinar”

21st January 2022

Introduction:

The Healthy Campus Committee (HCC) of Gandhinagar Institute of Technology regularly organizes activities pertaining to the Healthy Campus initiative. The initiative has identified seven key areas: Healthy Living, Social Consciousness, Stress Management, Building Self Esteem, Developing Critical Thinking, Developing Soft Skills and leading a Drug Free Life. Keeping up with the tradition, an “Anti-Drug Awareness Webinar” was organized on 21st January 2022 for the 1st Year engineering students. Director sir, Dr H N Shah was instrumental in planning and execution of the seminar. HCC committee acknowledges the support of all Trustees and the Management in providing the necessary infrastructure and resources for conducting the event successfully. The seminar was coordinated by Prof. Jatin Chakravarti (HCC Coordinator, EC).

Objective:

Students, whether be at schools, colleges or universities, are becoming addicted to narcotic substances at an alarming rate. It is threatening not just to their own future, but those people around them, including family and friends. Reports of young college students being addicted to drugs or of cops apprehending drug dealers near schools have grown commonplace. According to the United Nations Office on Drugs and Crime's (UNODC) 2021 report, about 275 million people took drugs worldwide during the COVID-19 pandemic last year, up 22% from 2010, said reports. The objective of this webinar was to create awareness about the common signs and symptoms of drug abusers around us, and discuss ways to help them overcome the addiction.

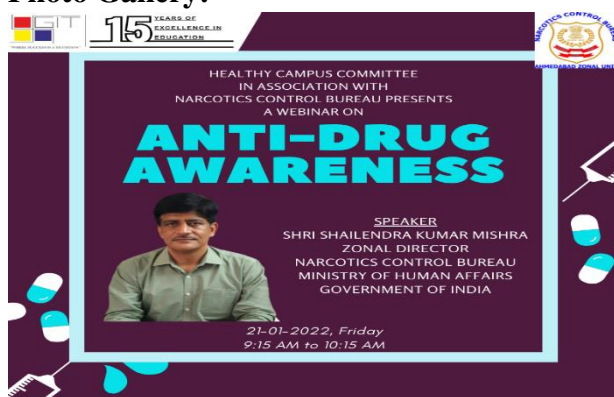
Program Overview:

Prof. Jatin Chakravarti (Coordinator, HCC) initiated the webinar with a prayer and introduced the speaker. The webinar was conducted by Shri Shailendra Kumar Mishra (Zonal Director, Narcotics Control Bureau, MHA, GoI). He is a 2000 batch BSF officer who gained vast experience while serving in different parts of the country and currently he's on deputation to NCB. He possesses immense experience in training. He is one of the first recipients of the Home Minister's Medal for excellence in Police Training. As Zonal Director of NCB, Ahmedabad he is overseeing a vast jurisdiction comprising the entire state of Gujarat and the UTs of Daman and Diu. During his tenure as Zonal Director of NCB Ahmedabad, NCB saw some notable seizures of narcotics and busting of significant network of inter-state drug traffickers.

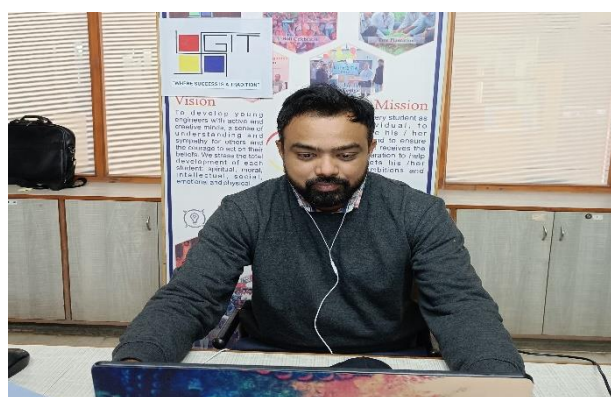
Shri Shailendra enlightened the students about different causes that could lead to a person consuming drugs and other narcotic substances. He enlightened students about different types of drugs based on their origin and action on body. He said that drugs have both their positives and negatives. Drugs like Morphine, Codeine, Sedatives and tranquilizers are used in treatment of various diseases and disorders. On the other side drugs like Heroin, Cocaine, Charas,

Amphetamines, LSD and Marijuana are often abused by people with drug addiction. Some physical symptoms of drug consumption are weight loss, malnutrition, hallucinations and a constant desire to eat junk food. He explained the reason behind people abusing drugs are imitating friends, peer pressure, curiosity, boredom, risk taking & rebellion nature, stress and anxiety. He stressed about the role of society in combatting the menace of drugs. It can be done by community awareness, having responsible group of friends/peers, stress free workplace, forthcoming NGOs, de-addiction centres and rehabilitation centres. He also shared numerous facts and figures about drug abusers in Gujarat and India. The speaker motivated students to embrace physical activities and healthy eating habits in their daily routine to stay fit and healthy. In the end the speaker cleared various doubts and myths surrounding drug abuse and addiction. Prof. Jatin Chakravarti (Coordinator, HCC) concluded the webinar with a Vote of Thanks and promised to build a Drug Free Campus.

Photo Gallery:



Event Poster



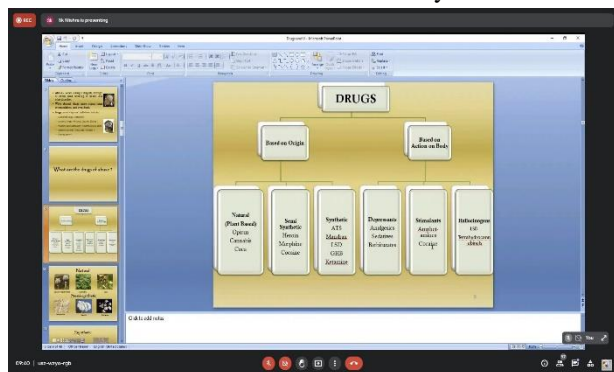
Prof. Jatin Chakravarti introducing the speaker to the audience



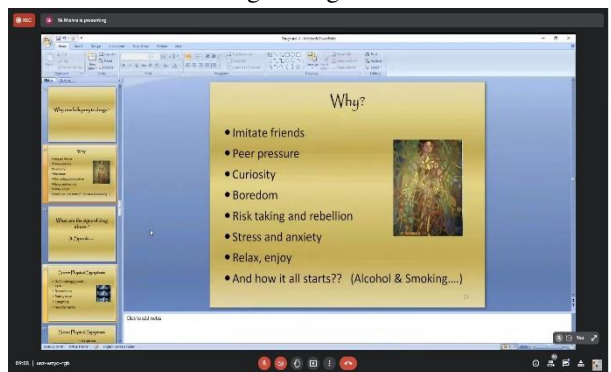
Shri Shailendra Kumar Mishra (ZD, NCB) interacting with the audience virtually.



Shri Shailendra Kumar Mishra conducting the webinar through Google Meet.



The speaker explaining different types of drugs



The speaker explaining the reason behind the growing drug consumption



The speaker explaining the Role of Society in curbing drug consumption



Group photo of speaker and HCC members with 1st year engineering students