



# Gandhinagar Institute of Technology

A Report on

“Anti-Tobacco Awareness Workshop”

5<sup>th</sup> March 2022

## Introduction:

The Healthy Campus Committee (HCC) of Gandhinagar Institute of Technology regularly organizes activities pertaining to the Healthy Campus initiative. The initiative has identified seven key areas: Healthy Living, Social Consciousness, Stress Management, Building Self Esteem, Developing Critical Thinking, Developing Soft Skills and leading a Drug Free Life. Keeping up with the tradition, an “Anti-Tobacco Awareness Workshop” was organized in collaboration with "Narcotics Control Bureau, Ahmedabad (MHA, GoI)” on 5<sup>th</sup> March 2022, for the students of "Moti-Bhoyan Pay Centre School-1". Director sir, Dr H N Shah was instrumental in planning and execution of the workshop. HCC committee acknowledges the support of all Trustees and the Management in providing the necessary infrastructure and resources for conducting the event successfully. The workshop was coordinated by Prof. Jatin Chakravarti (HCC Coordinator, EC) and supported by Prof. Tejas Shah (GIT Social Service, Coordinator, M&H) and student volunteers of GSS.

## Objective:

There are almost 267 million tobacco users in India. Among youth (ages 13–15): 8.5% currently use some form of tobacco (boys 9.6%; girls 7.4%); and 4.1% smoke tobacco and 4.1% use smokeless tobacco. 21% of youth (ages 13–15) are exposed to second-hand smoke in enclosed public places, and 11% are exposed at home. Tobacco consumption among school children has become a serious problem in India. Lack of proper guidance, urge to imitate elders, peer pressure, misconceptions, easy availability of a variety of tobacco products and innovative advertisements attract children to tobacco. Addiction to tobacco products such as cigarettes, bidi, hookahs, pan masala, khaini, zarda and gutkha is one of the biggest social evils which has been affecting the youth today. The objective of this workshop is to create awareness regarding the harmful effects of tobacco products among school students, who are also the future of our country.

## Program Overview:

Ms. Krina Patel (Sem. 4, CE) hosted the event and introduced all the dignitaries. Shri Natuji Thakor (Sarpanch, Moti-Bhoyan Village) and Shri Khodaji Thakor (SMC Chairman, Moti Bhoyan Village) were the Chief Guest and Guest of Honour, respectively, for the event. Shri Chintan Patel (Principal, Moti-Bhoyan School), Shri Jayeshkumar Dhruv (Vice-Principal, Moti-Bhoyan School) and teachers of Std. 5 to 8 were also present during the event. The speaker for the workshop was Mr. Krunal Shah (Youth Advisory Board Member, UNICEF India & YuWaah). He has over 8 years of experience in Humanitarian Services, Volunteering, Volunteer Management, Youth Engagement, Emotional Intelligence, CSR Management and Event Management. He has a vast experience in working against the drug abuse with various government bodies including Ministry of Home Affairs. Mr. Krunal educated the school kids

about the harmful effects of tobacco through various case studies and role play. He also explained methods to avoid peer pressure and also inspired them to build a healthy community which is free from tobacco addiction.

The student volunteers of GIT performed a short skit on Anti-Tobacco awareness and also carried placards & posters thereby motivating school kids to adapt a healthy lifestyle. Prof. Tejas Shah (GSS Coordinator) conducted a meeting with the Sarpanch, SMC Chairman and Principal to plan and collaborate regarding future Social Service activities for the people of Moti-Bhoyan Village. Shri Chintan Patel (Principal, Moti Bhoyan School) appreciated the efforts of GIT for conducting the workshop and enlightening the young minds. Dr Milan Shah (HOD, MBA) concluded the workshop with a Vote of Thanks. After the event Dr H N Shah and faculty coordinators engaged in an active dialogue with Mr. Krunal Shah regarding the future activities of the Healthy Campus Committee.

### Photo Gallery:



Event Poster



Placards and Posters prepared by student volunteers



Dignitaries of the event with student volunteers and school students



Prof Tejas Shah presenting a bouquet to Shri Natuji Thakor (Sarpanch, Moti-Bhoyan Village)



Prof Jatin Chakravarti presenting a bouquet to Shri Khodaji Thakor (SMC Chairman, Moti Bhoyan)



Dr Milan Shah presenting a bouquet to Shri Chintan Patel (Principal, Moti-Bhoyan School)





Speaker Mr. Krunal Shah conducting the workshop



School students enjoying during the interactive session



Prof. Tejas Shah in a meeting with Sarpanch, SMC Chairman and Principal of Moti-Bhoyan Village



Student Volunteers performing a short skit on Anti-Tobacco awareness



Dr Milan Shah (HOD, MBA) giving a Vote of Thanks



Group photo of student Volunteers with Mr. Krunal Shah and other dignitaries



Dr H N Shah discussing the future activities of HCC with Speaker Krunal Shah



Group photo of Mr. Krunal Shah with Dr H N Shah, Dr Milan Shah, Prof. Jatin Chakravarti and Prof. Tejas Shah