



Gandhinagar Institute of Technology

A Report on

“IMPULSO 2019”

11th, 12th & 13th February, 2019

Objective:

“Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose-it teaches you about life.” - Billie Jean King

Gandhinagar Institute of Technology gives importance to the all-round development of students. Following the trend, GIT organized its annual sports named **“IMPULSO 2019”** on 11th, 12th & 13th February, 2019 on college ground to provide platform to the students to showcase their talent in sports events. The students and faculties were at their harmony to organize panoramic activities related to sports activities. The objective behind keeping such sports events is to develop physical fitness by maintaining and increasing components like speed, flexibility, muscular strength, muscular endurance, aerobic capacity and anaerobic capacity amongst the students. It also helps to develop an understanding of the importance of sports in the pursuit of a healthy and active lifestyle at the college and beyond. Along with this, it also enables them to provide the opportunity to be inventive and creative in sporting activities. It also prepares the students to be able to participate fully in the competitive, recreational and leisure opportunities offered outside the college environment. The sports event assists the students to build self-esteem and self-confidence through positive sporting experiences. It also gives them a stage to do healthy competition through inter-branch and inter-semester matches. It imparts opportunities for pupils to excel at sport. Thus, organising such sports events ensures that every student can maximise their sporting potential and find a sport that they can enjoy and participate in with some success.

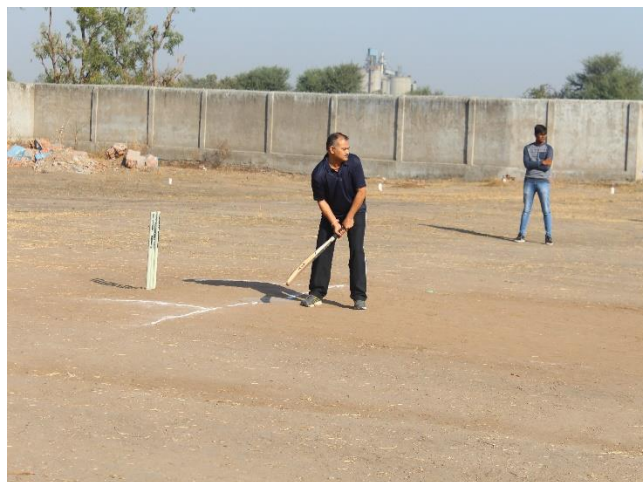
Details of the sports days:

Around 2870 students along with faculty members participated in various indoor and outdoor games. There were 11 sports in total which included 7 outdoor & 4 indoor sports. The number of participants varies in different sports. There were 700 players in cricket, 400 players in Volleyball, 360 players in Kabaddi, 150 players in Kho-Kho, 450 players in Badminton, 350 players in Carom, 100 players in Table-Tennis and 190 players in Chess. There were individual as well as group matches depending on the availability of participants on time. Various students' coordinators were appointed for the smooth coordination and functioning of all the events. The Annual sports days were a grand success under the umbrella of GIT.

Glimpse of the events:



Inauguration of Outdoor Game IMPULSO 2019 by Principal Sir



Principal Sir playing Cricket during Sports Day



Students' Participants playing Kabaddi on campus ground



Players of Carom



Players of Basket ball



Players of Table Tennis



Chief Guest Shri Bharatbhai Dudhiya,
Joint Secretary of Gujarat Cricket Association at
our finale on GIT Ground



Faculties playing Cricket



Champions of female student's cricket match at GIT



Champions of male student's cricket match at GIT



Felicitation of Students



Highest Run Scorer Award