



Gandhinagar Institute of Technology

A Report on “International Day against Drug Abuse and Illicit Trafficking”

(Monday, 27th June 2016)

Objective:

The “Healthy Campus Committee” in Gandhinagar Institute of Technology (GIT) celebrated “International Day against Drug Abuse and Illicit Trafficking” on 27th June 2016 to raise awareness about drug abuse among students and to highlight the threat that drugs pose to our society. It is observed that college students are vulnerable to drug abuse. It is found that smoking and tobacco consumption is traditionally the first step towards drugs, as one addiction is not enough and the person yearns for more. The most vulnerable age is 18 years, when the person experiences transition from school life to college life. The Healthy Campus started by Narcotics Control Bureau, is an initiative for the education institutions and aims to be led by the students who undertake activities to promote healthy living on campus. The initiative has identified seven key areas: 1. Healthy living 2. Social consciousness 3. Stress management 4. Building self-esteem 5. Developing critical thinking 6. Developing soft skills 7. Living a drug free life

Programme:

Mr. Ajaz Shaikh was the chief guest for the program. He is a trustee at Vishwa Education & Charitable Trust and a core committee member of Healthy Campus. He has been working on addiction since 5 years in the most affected communities such as Gomtipur, Rakhial, Saraspur etc. and motivated more than 200 people to leave their different kind of addictions. Recently he conducted a sample survey in different colleges of Ahmedabad to find out the status of Drugs Addiction. He inspired students to be healthy and stay away from drug abuse. He also shared his research findings on drug usage among students in different colleges. Prof. Jatin Chakravarti, (EC Dept., Coordinator of Healthy Campus Committee), gave a presentation describing the role of Narcotics Control Board and Healthy Campus in the fight against the drug abuse.

As a part of the event, activities like 'Poster Making Competition' and 'Short Plays' were organized. Students showed their creativity through posters. A play on an addict student was powerfully scripted and executed by the students. They also carried placards bearing messages of drug abuse to show their support for the movement. Prof. Hardik Bhatt, HOD (EC Dept.) gave the vote of thanks and congratulated the Healthy Campus Committee for making the event successful. The programme came to an end with the recital of the following pledge:

- ❖ I pledge to live a drug-free life.
- ❖ I pledge to spread awareness about a drug-free life.
- ❖ I pledge to help people who are affected by drugs.
- ❖ I pledge to create a drug-free community.
- ❖ I pledge to stay healthy and create a healthy campus.

Both, students and faculties took equal participation in making this program a grand success.



Prof. Hardik Bhatt, HOD (EC Dept.), welcoming the chief guest and speaker Mr. Ajaz Shaikh.



Mr. Ajaz Shaikh addressing the gathering.



Prof. Jatin Chakravarti (EC Dept.) addressing the gathering.



Mr. Ajaz Shaikh with hosts for the program: Mr. Shrey Patel and Miss. Gargi Kuhikar.



Group photo of Mr. Ajaz Shaikh with members of the Healthy Campus Committee.



Mr. Ajaz Shaikh in a meeting with the members of Healthy Campus Committee to discuss future activities.



Students displaying placards after enacting their Short Play.



Faculties and students taking pledge to live a drug free life.



Students participating in the Poster Making Competition.



Miss. Bansi Attara painting a poster, showing the ill effects of drugs.